

# No More Meltdowns: Handling Challenging Behaviors and Teaching Social Skills

Albany, NY ♦ Friday, April 23, 2010



**Jed Baker, Ph.D.**, is the Director of the Social Skills Training Project in Maplewood, New Jersey. Their organization provides assessments and interventions for school-aged children that have social skill difficulties and/or behavioral problems. Dr. Baker has been a clinical psychologist since 1992. He is on the professional advisory board of ASPEN and is also a behavioral consultant for several New Jersey School systems. His work has been featured on ABC World News, Nightline, the CBS Early Show, and the Discovery Health Channel.

Students on the autism spectrum often present with difficulty regulating their feelings and interacting socially. This workshop describes how to handle meltdowns and design effective behavior plans to prevent these moments and reduce frustration and anxiety. The second part of the presentation details strategies to motivate students to learn, ways to teach social skills, how to generalize skills into the natural setting and increase acceptance and tolerance from peers. Information will be imparted through lecture, interactive exercises, and video clips.

Learning objectives for participants:

- To understand the reasons for social skill deficits and disruptive behaviors
- To learn strategies to deal effectively with meltdowns and be able to put together an effective behavior plan to prevent frustrations
- To understand how to put together a social skills training program in schools or at home
- To learn ways to motivate verbal and non-verbal students to want to socialize
- To learn several strategies for teaching and generalizing skills
- To learn how to create programs for typical peers to accept students with disabilities and model positive behaviors

## Schedule for Friday, April 23rd

7:00-8:00am Check-in  
8:00-9:30am Speaker  
9:30-9:45am Break  
9:45-11:30am Speaker  
11:30am-12:30pm Lunch (On your own)  
12:30-2:00pm Speaker  
2:00-2:15pm Break  
2:15-3:30pm Speaker

## Registration Prices

Early bird valid through March 15, 2010

**Early Bird: \$125 Regular: \$140**

CEUs are available for an additional \$20.

## For Directions

Visit our website listed below,  
Click on Albany, NY,  
Type your location into our Yahoo! Map

**SpectrumTrainingSystemsInc.com**

**Phone: (920) 749-0332**

**Fax: (920) 882-0736**

## Continuing Education:

Certificates of attendance will be given out. There are a total of 6 hours of lecture for the conference. 0.6 CEUs from IACET (International Association for Continuing Education and Training) will be offered for an additional \$20 fee. For the IACET provider directory, please visit [www.SpectrumTrainingSystemsInc.com](http://www.SpectrumTrainingSystemsInc.com), and choose the Albany, NY web page.

## Cancellation Policy:

Cancellations made within two weeks of conference will receive no refund. Substitutions are allowed. Cancellations prior to two weeks before the conference must pay a \$15 administration fee.

## Meals:

Continental breakfast will be provided. Lunch will be on your own.

## Bookstore:

There will be an extensive autism related bookstore at the training. We accept Visa, MC, Discover, purchase orders, checks and cash.

## Conference Location:

Desmond Hotel & Conference Center  
600 Albany Shaker Road  
Albany, NY 12211  
(518) 869-8100



A block of rooms has been reserved for our group. Rooms are available for \$119 plus tax per night. Please use booking #11N48U.

# No More Meltdowns: Handling Challenging Behaviors and Teaching Social Skills

Albany, NY ♦ Friday, April 23, 2010

Desmond Hotel & Conference Center

**No reservations. Payment or purchase order must be included.**

Name: \_\_\_\_\_ Work: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone (h): \_\_\_\_\_ Phone (w): \_\_\_\_\_

Fax: \_\_\_\_\_ Email: \_\_\_\_\_

Confirmations will be sent by email. Please PRINT email address.

**Please check: (Early birds must be postmarked on or before Mar. 15)**

**Early Bird: (Thru March 15)**

**Regular: (March 16 - April 23)**

\_\_\_\_ April 23, 2010: \$125

\_\_\_\_ April 23, 2010: \$140

**CEUs** (Check if desired)

Please send an additional \$20 for CEU purchase. Certificates will be mailed after completion of paperwork at the conference.

**Payment Type: COPIES OF PURCHASE ORDERS MUST BE FAXED WITH REGISTRATIONS**

Check # \_\_\_\_\_ School/Organization: \_\_\_\_\_

P.O. # \_\_\_\_\_ School/Organization: \_\_\_\_\_

Credit card payments accepted online. Please go to: <http://store.spectrumtrainingsystemsinc.com>. Do not put a "www." in front of the conference store address. This store accepts all major credit cards.

**Spectrum Training Systems, Inc.**

2024 Jonathon Drive ♦ Appleton, WI 54914

Phone: (920) 749-0332 ♦ Fax: (920) 882-0736

Please write checks to: Spectrum Training Systems, Inc.

Fee for returned checks is \$50.00.

**No reservations. Payment or purchase order must accompany registration.**

Cancellation Policy: If you have registered and cannot attend, you may send a substitute without penalty. A \$15 cancellation fee will apply to all registrants who give written notice at least 2 weeks before the seminar. *No refunds will be granted within the two weeks before the seminar.* All purchase orders are subject to the same policy.

Cancellations will not be accepted unless written by mail, fax or email.

For office use only

Date rec'd \_\_\_\_\_ ✓R \_\_\_\_\_ © \_\_\_\_\_ Note \_\_\_\_\_